



How Should I Prepare for My Session?

Last Updated:

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## Gratuity

Gratuity is not included in our service fees unless specifically noted during booking. Our therapists are valued team members who retain all tips and gratuity received. Standard service gratuity is 20%.

## Please be showered prior to your session.

**Undressing**: Disrobe to your comfort level. You may choose to be "robe ready" for easier transition onto the massage table. We will step out of the room while you position yourself under the sheet and blanket, then return to begin your session.

We recommend removing bras or undershirts to allow full access to your back, though you're welcome to keep undergarments on if preferred.

**Intake Process**: Before your session begins, your therapist will conduct a brief health intake, discussing your medical history, treatment goals, areas to focus on or avoid, and any questions or concerns you may have. Our practitioners customize each session to meet your individual needs and pressure preferences.

**Draping Standards**: We follow Utah state massage therapy laws for proper draping techniques, which allow access to one body area at a time while keeping all other areas covered. Your modesty and comfort are our priority.

#### Health

#### **Health and Preparation**

Please do not schedule or keep your appointment if you are acutely ill. We recommend showering before your massage for the best experience. Please inform us of any injuries, chronic illnesses, or allergies when booking so we can make appropriate adjustments to your treatment.

# Travel & Accommodati ons

#### **Weather Policy**

We make every effort to reach you even in challenging weather conditions. If we cannot safely travel to your location, we will offer you the next available appointment to reschedule your session.

## **Arrival and Logistics**

Your therapist(s) will arrive 10 minutes before your scheduled appointment time.

#### **Parking Requirements**

Please ensure parking is available for each therapist. If accessible parking is not available at your location, we will be unable to provide services. Any parking fees incurred by our therapists will be added to your service total.

#### **Space Requirements**

We need a clear 4.5 x 9 foot area per therapist/massage table. Please ensure this designated space will remain available for each therapist throughout the duration of your scheduled session(s).

## **Conduct Policy**

We reserve the right to refuse or terminate services at any time. Clients will be charged 100% for booked services in such instances, and any inappropriate conduct will be reported to local authorities.

Book your session at <u>bewellathomeutah.com</u> or reach our reception at (208) 948-4753

If you have any questions, let us know! We are here to serve you.

hello@bewellathomeutah.com

bewellathomeutah.com

(208) 948-4753

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